

D17 WORK-LIFE ASSISTANCE CHART

If you need help with:

Then Contact:

Service	WL Specialist
Adoption Reimbursement Information	FRS
Career Coaching & Assessment	TRM
CG SUPRT Counseling, Information & Referral	EAPC
Child Abuse Prevention & Reporting	FAS
Childcare (Center & Housing-based)	FRS
Childcare Subsidy Information	FRS
Coast Guard Mutual Assistance Information	PFM
Command Financial Specialist	PFM
Credit Report/Credit Score Assistance	PFM
Crisis Intervention & Referral	EAPC
Critical Incident Stress Management (CISM)	EAPC
Elder Care Information	FRS
Emotional/Physical/Sexual Abuse (Minor/Dependent)	FAS
Employment Information	TRM
Family & Intimate Partner Violence Crisis Intervention	FAS
Family Readiness-Mobilization & Deployment	FRS
Family Violence Case Management	FAS
Family Violence Prevention	FAS
Family Violence Victim Advocacy	FAS
Federal Job Application Information	TRM
Financial Readiness & Counseling	PFM
Healthy Relationship Education & Resources	FAS
Interviewing Techniques	TRM
It's Your Move Information	TRM
Job Search	TRM
Mandatory Financial Touchpoint Training	PFM
New Baby Issues	FAS
Offender Education & Treatment	FAS
Ombudsman Program (PFM Kodiak & FRS SEAK)	Collateral Duty*
Operational Stress Control	EAPC
Parenting Issues, Education, & Resources	FAS
Personal Financial Management Information & Resources	PFM
Personal Financial Management Training	PFM
Post-Transition Budget	PFM
Pre-Separation Counseling	TRM
Protective Orders	FAS
Relocation Assistance	TRM
Respite Care	FRS
Resume Writing	TRM
Retirement/Transition Seminars	TRM
Scholarship Assistance	FRS
School Liaison	FRS
School-Related Issues (K-12)	FRS
Security Clearance Issues Related to Finances	PFM
Separation/Divorce Issues	FAS
Sexual Assault Prevention & Awareness	SARC
Sexual Assault Resources and Support	SARC

* Ombudsman Coordinator is a collateral duty assigned to one of the WL staff.

CONTINUED ON THE REVERSE

Work-Life (WL) Staff

Work-Life Supervisor (D17 Wide)

Phil Jordinelli
Cell: 907-942-0464
Phillip.A.Jordinelli@uscg.mil

Family Advocacy Specialist (FAS)

Lisa Driver (D17 Wide)
Cell: 907-209-0855
Lisa.Driver@uscg.mil

Family Resource Specialists (FRS)

Baylee Armstrong
Remote, Cell: 907-539-2251
Baylee.L.Armstrong@uscg.mil
Tanya Preusser
Juneau Office: (907) 463-2123
Tanya.m.preusser@uscg.mil

Personal Financial Manager (PFM)

*Rebecca Ligtenberg (D17 Wide)
Cell: 907-654-5462
Rebecca.J.Ligtenberg@uscg.mil

Sexual Assault Response Coordinator (SARC)

Susana Torres (D17 Wide)
Hotline: 907-539-1034

Susana.A.Torres@uscg.mil

Victim Advocate Program Specialist (VAPS)

Jessica Rauwolf
Kodiak Office: (907) 487-5525 EXT: 6501
Jessical.rauwolf@uscg.mil

Employee Assist. Program Coord. (EAPC)

Kodiak Office: Jody Carman: Cell: 907-942-0465
Jody.L.Carman@uscg.mil
Juneau Office: Bob Atadero: Cell: 907-957-8459
Robert.M.Atadero@uscg.mil

Transition and Relocation Manager (TRM)

Kodiak Office: Rony Harden: 907-487-5341
Rony.Harden@uscg.mil

*Juneau Office: Michelle Coutu: 907-342-5499

Michelle.C.Coutu@uscg.mil

Ombudsman Coordinator

Kodiak: Rebecca Ligtenberg: 907-654-5462
Rebecca.J.Ligtenburg@uscg.mil

SEAK: Michelle Coutu: 907-342-5499

Michelle.C.Coutu@uscg.mil

D17 WORK-LIFE ASSISTANCE

If you need help with:

Then Contact:

Service	WL Specialist
Sexual Assault Victim Advocacy	SARC
Skills Interest Inventory (Strong)	TRM
Special Needs Program	FRS
Spend Plans/Budgets	PFM
Sponsorship Training	TRM
Spouse Employment Information	TRM
Stalking Issues	FAS
Stress Management	EAPC
Substance Abuse Awareness & Prevention	SAPS/EAPC
Suicide Awareness, Prevention, & Reporting (ASIST/Safe-Talk)	EAPC
Taxes	PFM
Transition Assistance (Separating/Retiring)	TRM
Veterans Benefits	TRM
Workplace Violence Prevention & Intervention	EAPC

Substance Abuse Awareness, Prevention, & Treatment (Active Duty Personnel)	SAPS
<p>D17 District Substance Abuse Prevention Specialist (SAPS) HS1 John Munger Cell: 907-654-4454 Jonathan.W.Munger@uscg.mil</p>	

D17 Behavior Health

CG Behavioral Health Providers
 CAPT Jose Gomez, PhD
 Juneau Office: 907-463-2143
Jose.j.gomez@uscg.mil
 LCDR Jennifer Williams
 Kodiak Clinic Cell: (907) 615-7363
Jennifer.I.williams4@uscg.mil

Regional Practice Manager (RPM)
 LCDR Derek Williams 907-487-5170 EXT: 6666
Derek.a.williams@uscg.mil
Deputy Regional Practice Manager
 LT Erin Bohner 907-209-6872
Erin.h.bohner@uscg.mil

Duty Health Services Technician
 Base Kodiak: 907-209-5584
 Base Ketchikan: 907-617-9764
 A/S Sitka: 907-752-0462
 Det Juneau: 907-723-0488

Download the HSWL App from the Apple Store or Google Play for resources and information on the go.



CG SUPRT PROGRAM
 CG SUPRT: 855-247-8777
WWW.CGSUPRT.COM
 password: uscg

NATIONAL HOTLINES

Sexual Assault
 Safe Helpline
 877-995-5247
www.SafeHelpline.org

Child Abuse
 800-4-A-CHILD (422-4453)
www.childhelp.org

Domestic Violence
 800-799-SAFE (7233)
www.thehotline.org

Suicide & Crisis Lifeline
 Call or text 988
 Chat 988lifeline.org

Crisis Text Line
www.crisistextline.org
 Text the word HOME to 741